

Bet+er **Lives** **Together**

East Kent

Health and Care Partnership



East Kent Health and Care Partnership

Karen Sharp
Programme Director

Context

- **Health and Care Bill**

“The purpose of the Bill is to establish a legislative framework that supports **collaboration rather than competition**”

King's Fund, <https://www.kingsfund.org.uk/blog/2021/07/making-sense-health-and-care-bill>

- **Integrated Care System (ICS)**
- **Place based partnerships**



Structure

Kent and Medway Integrated Care System (ICS)

Integrated Care Board

Integrated Care Partnership

Place-based Health and Care partnerships

DGS

West Kent

Medway & Swale

East Kent

Primary Care Networks (neighbourhoods)



Ambition

Collaborating as and ICS will help health and care organisations tackle **complex challenges**, including:

- improving the health of children and young people
- supporting people to stay well and independent
- acting sooner to help those with preventable conditions
- supporting those with long-term conditions or mental health issues
- caring for those with multiple needs as populations age
- getting the best from collective resources

Who are we?

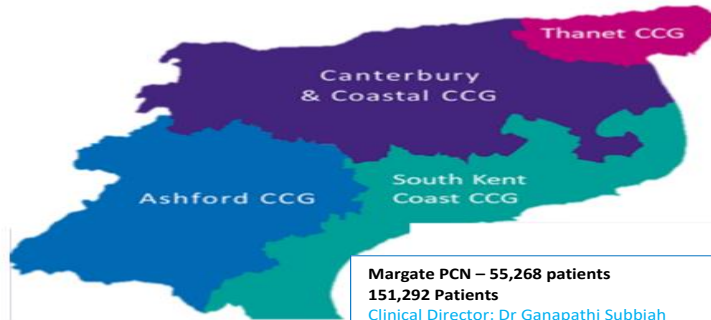
A **place-based partnership** made up of:

- 17 primary care networks (PCNs) with 69 GP practices
- East Kent Hospitals University NHS Foundation Trust (acute trust)
- Kent and Medway NHS and Social Care Partnership Trust (mental health trust)
- Kent Community Health NHS Foundation Trust (community trust)
- Kent County Council (KCC)
- District councils
- Healthwatch
- Voluntary and Community Sector representatives

Our ambition is to work together to deliver better health and wellbeing outcomes for the people of east Kent.

“care for people as people - bring public sector resources together”

East Kent PCN Mapping



Canterbury South PCN - 48,777 patients

Clinical Director: Judith March
judithmarsh@nhs.net

- New Dover Road Surgery
- Canterbury Medical Practice
- University Medical Centre

Canterbury North PCN – 49,350 patients

Clinical Director: Dr Ross Lindsay
ross.lindsay@nhs.net

- Northgate Medical Practice
- Sturry Surgery
- Canterbury Health Centre
- The Old School Surgery

Faversham PCN – 31,767 patients

Clinical Directors: Dr Shariq Lanker & Dr Daniel Moore
shariq.lanker@nhs.net
danielmoore@nhs.net

- Faversham Medical Practice
- Newton Place Surgery

Herne Bay PCN – 40,998 patients

Clinical Directors: Dr Jeremy Carter
jeremy.carter@nhs.net

- The Heron Medical Practice
- The Park Surgery

Whitstable PCN – 39,986

Clinical Director: Dr John Ribchester
john.ribchester@nhs.net

- Whitstable Medical Practice

Ashford Rural PCN – 35,756 patients

Clinical Director: Dr Jack Jacobs
jackjacobs@nhs.net

- Woodchurch Surgery
- Charing Surgery
- Ivy Court Surgery
- Hamstreet Surgery

Ashford Stour PCN – 99,250 patients

Clinical Director: Dr Sadia Rashid
sadiarashid@nhs.net

- Hollington Surgery
- New Hayesbank Surgery
- Wye Surgery
- Sellindge Surgery
- Sydenham House Medical Centre
- Kingsnorth Medical Practice

Ashford Medical Partnership PCN

Clinical Director: Dr Amir Naky
• Ashford Medical Partnership

Margate PCN – 55,268 patients
151,292 Patients

Clinical Director: Dr Ganapathi Subbiah
ganapathi.subbiah@nhs.net

- The Limes Medical Centre
- Northdown Surgery
- Bethesda Medical Practice
- Mockett's Wood Surgery

Ramsgate PCN – 51,676 patients

Clinical Director: Jenny Bostock
jenny.bostock@nhs.net

- The Grange Medical Practice
- Summerhill Surgery
- Dashwood Medical Centre
- East Cliff Practice
- Newington Road Surgery

Coastal and Rural East (CARE) PCN – 44,348 patients

Clinical Director: Dr Andrew Walton
andrew.walton@nhs.net

- Westgate Surgery
- Minster Surgery
- Birchington Medical Centre
- St Peters Surgery
- Broadstairs Medical Practice
- Ash Surgery

Deal & Sandwich PCN – 48,215 patients

Clinical Director: Dr Ian Sparrow
ian.sparrow@nhs.net

- St Richards Road
- The Cedars Surgery
- Manor Road, Deal
- Sandwich Medical Practice
- Balmoral Surgery

Dover PCN – 40,790 patients

Clinical Director: Dr Sourja Chaudhuri
sourjachaudhuri@nhs.net

- St James' Surgery
- The High Street Surgery
- Peter Street Surgery
- Buckland Medical Centre

Hythe, Lyminge, Cheriton & Hawkinge PCN – 48,720 patients

Clinical Director: Dr Aravindh Balachandran
abalachandran@nhs.net

- The White House
- Hawkinge & Elham Valley Practice
- Park Farm Surgery
- Oaklands Health Centre
- Central Surgery
- The Surgery, Lyminge
- New Lyminge Surgery

Total Health Excellence East PCN – 31,759 patients

Clinical Director: Dr Julian Mead
julianmead@nhs.net

- Aylesham Practice
- Lydden Surgery
- White Cliffs Medical Centre
- Pencester Surgery

Total Health Excellence West PCN – 29, 737 patients

Clinical Director: Dr Tuan Nguyen
tuan.nguyen@nhs.net

- Guildhall Street Surgery
- Sandgate Surgery
- Manor Clinic
- The New Surgery

The Marsh PCN – 21, 370 patients

Clinical Director: Dr Neil Popplett
neil.popplett@nhs.net

- Church Lane Surgery
- Orchard House
- Oak Hall Surgery
- Martello Medical Practice

The 3 community hubs set up during the Covid -19 pandemic are still operating and offer health and wellbeing support to vulnerable people across the District

- Folkestone Community Hub is being run by Age UK South Kent Coast (Folkestone offices)
- Hythe Community Hub is being run by Age UK Hythe & Lyminge
- The hub in the Romney Marsh area is being run by the Romney Marsh Community Hub (previously known as the Romney Marsh Day Centre).

The hubs are in receipt of funding that enables them to continue to support people recovering from the impacts of the pandemic, They support people in hardship with food and help with gas and electric bills. They provide advice and sign posting to mental health services, befriending to combat loneliness and isolation and continue to:

- Provide food for those not able to get or prepare it themselves
- Assist with the collection and delivery of food orders
- Collect and deliver medical supplies
- Offer someone to talk to for advice and reassurance

They aim to keep people well and reduce the burden on other sectors.

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Better

Lives

Together

East Kent: Our context



Our context



Increasing demand for health and care services.



Ageing and a growing local population

A diverse population including areas with high deprivation



A range of workforce issues where, for example, recruitment and retention of staff is problematic with some services reporting high vacancy rates while in others, staff are spread too thinly.



A dispersed and diverse population needs ranging from communities living in the historic city of Canterbury, coastal and commuter towns, as well as many villages.





Our context

- COVID-19 – the unprecedented external shock bringing intense and devastating pressure



- The normal winter pressures



- Vaccination programme roll out



- Restart programme – pressure to deliver on phase 1, 2 and 3
- Health inequalities – impact on demand and complexity



- Brexit and potential chaos on our roads
- Fuel crisis

Health in coastal communities

CMO Annual Report (2021) highlights four key underlying causes of the health challenges of coastal communities:

1. The pleasant environment attracts older, retired citizens to settle, who inevitably have more and increasing health problems
2. An oversupply of guest housing has led to Houses of Multiple Occupation which lead to concentrations of deprivation and ill health.
3. The sea is a benefit but also a barrier: attracting NHS and social care staff to peripheral areas is harder, catchment areas for health services are artificially foreshortened and transport is often limited, in turn limiting job opportunities.
4. Many coastal communities were created around a single industry such as tourism, or fishing, or port work that have since moved on, meaning work can often be scarce or seasonal.

Health in coastal communities

The report also highlights that, nationally there is a **significant health service deficit** in terms of recorded service standards, cancer indicators and emergency admissions in coastal communities.

The reasons for this are unclear, however possible explanations include challenges with the retention of medical workforce and access to services.

For example, despite coastal communities having an older and more deprived population, they have:

 14.6% fewer postgraduate medical trainees

 15% fewer consultants

 7.4% fewer nurses per patient.

East Kent challenges

- Average life expectancy in Kent is 80 years and this is slightly higher in women than men. In Thanet there are people in wards who are dying over 10 years earlier than the Kent average – this is referred to as ‘premature mortality’. It is avoidable, linked to deprivation and costly to the individuals themselves and results in an increase in demand on services.
- Deprivation shows a wide range of variation with more of the population classified as deprived in east Kent than the rest of Kent.
- The main cause of early death in east Kent include circulatory disease, respiratory and cancer.
- Almost two thirds of the Kent population with the highest rates of premature deaths live in East Kent.
- Some of the electoral wards of Thanet are amongst the most deprived in England and other deprived areas include Dover, Folkestone, and Romney Marsh.
- **21% of Thanet’s population (LSOAs - Lower layer super output area) are living in the bottom 10 % of the most deprived nationally.**
- Not all premature deaths can be prevented however a considerable number can. Smoking, regular diets of poor quality food, alcohol intake coupled with stressful and injury prone lives stimulate premature aging and cause conditions that lead to a high demand on health services.
- There is a direct correlation between deprivation, unemployment, lifestyle choices and poor health outcomes.

Population Health Management

- A **Population Health** approach aims to:
 - improve physical and mental health outcomes
 - promote wellbeing and
 - reduce health inequalities across an entire population
- This includes focusing on the **wider determinants** of health
- **Population Health Management** is a technique for local health and care partnerships to use data to design new models of proactive care and deliver improvements in health and wellbeing which make best use of the collective resources.



Governance

Partnership Programme Board

(Chair: Niall Dickson)

Clinical Cabinet

(Co-chairs: Dr Rebecca Martin & Dr Sadia Rashid)

Improvement Board

(Chair: Dr Sarah Phillips)

Wellbeing & Health Improvement Partnership (WHIP)

(Chair: Madeline Homer)

Urgent Care Delivery Board

(Chair: Susan Acott)

PHM Place Leadership Group

(Co-chairs: Madeline Homer & Dr Sarah Phillips)

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- Oak Hall Surgery
- Martello Medical Practice

PCN	Patients	PCN Link Worker	Clinical Director
Hythe, Lyminge, Cheriton & Hawkinge PCN	47,134	Emily Baxter	Dr Aravinth Balachandran
Total Health Excellence East PCN	32,680	Heather Walker	Dr Julian Mead
Total Health Excellence West PCN	31,852	Heather Walker	Dr Tuan Nguyen
The Marsh PCN	21,344	Natalie Manuel	Dr Neil Popplett

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Better

health and social care, improving people's...



Lives

with the help of everyone...



Together

for the communities of east Kent.